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**SANKARA NAIROBI LAUNCHES FIRST ANGSANA SPA  
IN EASTERN AFRICA**

Sept 2010 - The newly-opened Sankara Nairobi house's the first Angsana Spa in Eastern Africa.

The first of a new generation of contemporary urban hotels on the African continent and bringing a new standard in contemporary luxury and personalised service, the 156-room Sankara Nairobi balances modern style with local influences. Sankara Nairobi is proud to house Nairobi's largest and most authoritative collection of contemporary African art and this is exhibited throughout the Spa.

The Angsana Spa Sankara Nairobi features seven treatment rooms in addition to two rainmist rooms. The Spa's signature rainmist experience is an Angsana Spa innovation combining steam and shower at the massage bed.

Founded by the renowned Banyan Tree Spa, the award-winning Angsana Spa brand places special emphasis on the use of natural ingredients such as native flowers, fruits and plants. Angsana Spa uses aromatherapy, the therapeutic sense of touch, and a fusion of techniques from the East and West to refresh and rejuvenate the body, mind and spirit.

**Signature Spa Treatments** include:

The 180-minute **Angsana Brilliance** package for couples is a combination of a refreshing choice of banana pineapple or citrus yoghurt body polish, avocado smoothie wrap body massage, face massage and a romantic lemon rose bath.

Spa goers in search of a refreshing and uplifting experience can look forward to the **Rainmist Glow** package incorporating the signature Rainmist steam, cascading Rain Shower, invigorating body polish, wrap and choice of body massage.

For a revitalising experience exclusively available at Angsana Spa Sankara Nairobi, the **Coffee Delight** draws inspiration from renowned Kenyan coffee, featuring a body massage, aromatic bath and treats. The Spa also features the innovative **Bamboo Massage**, designed to soothe tense muscles and is suitable for guests who experience persistent muscle pain.

Angsana Spa therapists undergo professional training at Banyan Tree Spa Academies located at Bintan in Indonesia, Phuket in Thailand or Lijiang in China. The dedicated training facilities ensure that therapists of Angsana Spa deliver consistently high quality of service to exceed the expectations of discerning spa enthusiasts.

The Spa is contemporary in design; walls and treatment rooms are curved to give a softer and more organic feel in keeping with the spa philosophy. Materials used include dark wood, Indian sandstone, Italian mosaic and granite. While bamboo, glass and pebbles provide contemporary design features. Sankara Nairobi also has a roof-top pool and gym.

20km from Jomo Kenyatta International Airport, Sankara Nairobi is situated in the heart of Westlands, Nairobi's commercial, retail and entertainment quarter, and within easy reach of the city centre and diplomatic districts.

#### **Rates & Reservations**

Angsana Spa Sankara Nairobi offers spa services daily from 8am to 9pm. For more information, spa goers may call +254 20 420 8000, email spa-sankaranairobi@angsana.com or visit [www.sankara.com](http://www.sankara.com).

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#### **About Sankara Hotels & Resorts**

Sankara Hotels & Resorts is a progressive hotel operator offering guests a truly memorable experience. The company's vision is to be a leader in creating and operating contemporary, luxury hotels that set industry standards in the markets in which it operates. Defined by their warm and vibrant personality, Sankara hotels are inspired by the spirit of their location. We passionately believe in offering a service that is effortless, personal and genuine, enabling our guests to do the things they value most.. Learn more at [www.sankara.com](http://www.sankara.com)